

1994 TWELFTH ANNUAL PROFESSIONAL SEMINAR - OVERVIEW

July 23 through 29, 1994, thirty-five members of The Monroe Institute's Professional Division gathered at the Nancy Penn Center for the Twelfth Annual Professional Seminar. Its theme, *Re-Creation: The Heart of Open Systems*, emphasized the flow of ideas and energy to and through systems, organizations, and individuals that are open and receptive to such interchange. Such openness and receptivity enable reorganization and movement to more complex, harmonious, and balanced states and structures.

Each stimulating feature presentation reflected the seminar theme from a different perspective. Keynote speaker Gari Carter's story of inner and outer re-creation with the aid of the *Emergency Series* was especially appropriate. From that beginning, the pace never slackened as each succeeding presentation flowed from and built upon those which preceded it. Topics included the creation of a *METAMUSIC*® tape to promote quantum learning; pointers and views on the importance of publishing studies of non-ordinary states of consciousness; an entrepreneur's experience in creating and marketing Hemi-Sync® products to enhance all dimensions of sports performance; consideration of Hemi-Sync's ability to complement and reinforce the Reiki method of hands-on healing; a review (accompanied by personal testimony) of Hemi-Sync benefits for HIV positive and AIDS sufferers and possibilities for other autoimmune diseases; an account of accessing the ability to connect with expanded awareness during the *GATEWAY VOYAGE*®; and the development of BrainBox—a custom Hemi-Sync tape album and instructional materials for students. Participants were also led through recreational exercises and Hemi-Sync-supported interaction with a random number generator to explore how ingrained competitive biases may influence our responses even, or perhaps especially, in enhanced states of awareness.

A variety of Open Forum sessions spiced each day. "Hemi-Syncing" into creativity, regression therapy, a foray into organizational belief systems, instruction in shamanic journeying, how Hemi-Sync can open us to insights, and "The Tarot in Monroe"—a fascinating investigation of parallels—assured that no one was bored. Rune yoga, actual shamanic journeying, Reiki instruction, and a special question-and-answer period with the Orion consciousness provided experiential opportunities. Attendees received updates on *LIFELINE*® graduate research, plans to introduce Hemi-Sync as a resource in prisons, and TMI's entrance into the world of electronic information exchange via e-mail, computer bulletin boards, and the Internet.

The amenities of bodywork, personal fitness training, and PREP sessions in the TMI lab rounded out the week. Those present agreed that a very special context came into being at this year's meeting. We look forward optimistically to the outgrowths of that context.

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